



G. Pulla Reddy College of Pharmacy

Mehdipatnam, Hyderabad

Affiliated to Osmania University and Approved by PCI

Accredited By National Assessment and Accreditation Council (NAAC)



Celebration of the 11th International Day of Yoga

Theme: "Yoga for One Earth, One Health"

G. Pulla Reddy College of Pharmacy proudly celebrated the 11th International Day of Yoga on **21st June 2025** with great enthusiasm and active participation. This year's theme, "Yoga for One Earth, One Health," emphasized the holistic benefits of yoga in achieving harmony between mind, body, and the environment.


The event commenced with explanation of Yoga asanas by experts of the **Bharathiya Yoga Sansthan (BYS)**:

- **Sri. Vijay Varma**, BYS West Zone President,
- **Sri. Srinivas Yadav**, BYS AMBA Garden Central Incharge, and
- **Sri. Sri Hari**, BYS AMBA Garden Secretary.

They also conducted a practical session where they demonstrated and practiced various yoga asanas to students and faculty, promoting physical well-being and mindfulness.

Dr. B. Madhava Reddy, Principal of G. Pulla Reddy College of Pharmacy, addressed the participants and highlighted the importance of Yoga in daily life.

The event witnessed enthusiastic participation from **around 100 students** from B.Pharmacy and Pharm.D.


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G. Pulla Reddy College of Pharmacy
Mehdipatnam, HYDERABAD-500023,
Telangana State, INDIA